

2024 Asia Triathlon Championships Hatsukaichi

Age Course Map

Swim: 1.5 km (0.75 km x 2 Laps)
 Bike: 40 km (5 km x 8 Laps)
 Run: 10 km (2.5 km x 4 Laps)

Course

-  Swim Course
-  Bike Course
-  Run Course

BIKE

- 1st lap — 5,670m
- 2nd lap — 5,200m
- 3rd lap — 5,200m
- 4th lap — 5,200m
- 5th lap — 5,200m
- 6th lap — 5,200m
- 7th lap — 5,200m
- 8th lap — 5,400m
- total 42,273m

RUN

- 1st lap — 2,485m
- 2nd lap — 2,455m
- 3rd lap — 2,455m
- 4th lap — 2,605m
- total 10,000m



トランジションエリア1
Transition Area 1

スタート
START

RUN AS 1

トランジションエリア2
Transition Area 2

フィニッシュ
FINISH

RUN AS 2

2024 Asia Triathlon Championships Hatsukaichi

Age Swim Course Map

Swim: 1.5 km (0.75 km x 2 Laps)
Bike: 40 km (5 km x 8 Laps)
Run: 10 km (2.5 km x 4 Laps)

Course	Symbol	Description
Swim Course	Blue line with arrows	Swim Course
Bike Course	Yellow line with arrows	Bike Course
Run Course	Red line with arrows	Run Course

SWIM	
1st lap	— 750m
2nd lap	— 750m
total 1,500m	

Hatsukaichi City Park Golf Course

トランジションエリア1
Transition Area 1

スタート
START



2024 Asia Triathlon Championships Hatsukaichi

Age Bike Course Map

Swim: 1.5 km (0.75 km x 2 Laps)
Bike: 40 km (5 km x 8 Laps)
Run: 10 km (2.5 km x 4 Laps)

Course

- Swim Course
- Bike Course
- Run Course

BIKE	
1st lap	5,670m
2nd lap	5,200m
3rd lap	5,200m
4th lap	5,200m
5th lap	5,200m
6th lap	5,200m
7th lap	5,200m
8th lap	5,400m
total 42,273m	

トランジションエリア2
Transition Area 2

トランジションエリア1
Transition Area 1



Hatsukaichi Shiritsu Nanao Junior High School

GLOBAL RESORT sports center Suncherry

2024 Asia Triathlon Championships Hatsukaichi

Age Run Course Map
Swim: 1.5 km (0.75 km x 2 Laps)
Bike: 40 km (5 km x 8 Laps)
Run: 10 km (2.5 km x 4 Laps)

Course

- Swim Course
- Bike Course
- Run Course

RUN	
1st lap	— 2,485m
2nd lap	— 2,455m
3rd lap	— 2,455m
4th lap	— 2,605m
total 10,000m	

RUN AS 2

RUN AS 1

トランジションエリア2
Transition Area 2

フィニッシュ
FINISH

YouMe Town
Hatsukaichi

Hatsukaichi City Hall